FAQs

# LASER FUNGAL INFECTION

1. **What is Laser for Fungal Infection?**

A treatment where laser is used to kill fungus/fungal infection. It’s usually done in the toenail and is medically called onychomycosis.

1. **How does Laser for Fungal Infection work?**

Emitted laser energy creates heat which penetrates the toenail which is then absorbed by the fungus/fungi cell eventually killing them. The ability of the laser to penetrate such thickness makes it promising to treat onychomycosis.

1. **Is the treatment painful? Is it safe? How long will the treatment take?**

The treatment is very safe and is not painful although you may feel heat under the nail; the sensation is mild and manageable. One session laser for fungal infection typically lasts 30 minutes or less per area.

1. **How many treatments I need before I see results and how long will it stay?**

Nails from a fungal infection will not clear immediately. Treatment results are based when the nail grows out completely usually between 6-12 months. The origin of the infection and the type of laser used are some indicators for the number of treatments required.

1. **What to do before/after the treatment?**

**Pre-Instructions:**

* Notify your medical professional of any medications you have used within the last 6 months.
* No antibiotics 2 weeks prior to laser treatment or as directed by practitioner.
* Do not apply any creams, ointments or lotions to the area days prior to treatment.
* Make sure that the skin and nail is dry in the area to be treated.
* Shave hair from toes that will be treated the evening before. Please notify us prior to treatment of any changes in your medical history, medications, pregnancy and irritated skin.
* Remove all nail polish. Ensure all nails are cleaned and trimmed thoroughly.
* Disinfect all shoes with antifungal spray/powder to reduce the risk of reoccurrence. Bring a pair of open toe shoes to wear after treatment.

**Post-Instructions:**

* You may return to your normal daily activities immediately after your treatments.
* Keep nails clean and trimmed.
* Nail polish can be applied 24 hours after treatment.
* We highly recommend disinfecting all shoes with an antifungal spray/powder that will be worn during the course of treatment with antifungal spray after treatment to reduce the risk of reoccurrence.
* Wear clean socks/shoes after treatment.
* To achieve the best results, complete the full treatment schedule at the intervals recommended by your medical professional. Additional treatments may be needed depending on the severity of the infection.
* Response to treatment depends on the severity of the condition and how well you adhere to the recommended care after treatment. Continuing powders/ointments/sprays in between treatments and after all treatments can help prevent recurrence.